



NINA HOTEL

ISLAND SOUTH

南灣如心酒店

VEGETARIAN MEAL BOXES | 嚙素滋味

BREAKFAST | 早餐

LUNCH | 午餐

DINNER | 晚餐

MON

Yoghurt, Hotcakes with Jam,
Maple Syrup and Butter
Chilled Juice, Coffee

乳酪，熱香餅配果占，楓糖，牛油
果汁及咖啡

Stir-fried Mushrooms
with Chinese Wine
Vegetables, Steamed Rice

三杯雜菌
配時菜，白飯

Mixed Vegetables
with Tomato Sauce
Pasta

番茄素菜意大利麵

TUE

Plain Congee, Steamed Rice Rolls
Soy Milk, Coffee

白粥，腸粉
豆漿及咖啡

Fried Eggplant and Broccoli
with Sweet and Sour Sauce
Vegetables, Steamed Rice

菠蘿咕嚕茄子西蘭花
配時菜，白飯

Braised Cauliflower, Zucchini
with Cherry Tomatoes
Pasta

番茄燴椰菜花意瓜
配意大利麵

WED

Boiled Eggs, Grilled Tomato
Mushrooms, Croissant
Chilled Juice, Coffee

焗蛋，扒番茄，蘑菇，牛角包
果汁及咖啡

Vegetables Fried Rice
with Broccoli

素菜炒飯配西蘭花

Sauteed Mushrooms, Baby Spinach
with Brown Sauce
Pasta

素肉汁燴蘑菇，BB菠菜
配意大利麵

THUR

Oatmeal, Muffin
Chilled Juice, Coffee

燕麥粥，鬆餅
果汁及咖啡

Vegetables and Cheese Wrap

素菜芝士卷

Baked Pumpkin, Baby Corn
with Cheese
Vegetables, Mashed Potatoes

芝士焗南瓜珍珠筍
配時菜，薯蓉

FRI

Scrambled Eggs, Grilled Tomato
Danish
Soy Milk, Coffee

炒蛋，扒番茄，丹麥酥
豆漿及咖啡

Kidney Beans Salad

紅腰豆沙律

Forest Mushrooms Risotto

蘑菇意大利飯

SAT

Corn Flakes Cereal with Milk
Croissant
Chilled Juice, Coffee

粟米片配牛奶，牛角包
果汁及咖啡

Quesadilla
with Vegetables, Lettuce
Red Onion, Avocado

牛油果生菜紅洋蔥墨西哥餡餅

Mixed Vegetables
with Light Curry Sauce
Steamed Rice

咖喱素菜
配白飯

SUN

Boiled Eggs, Grilled Tomato, Mushrooms
Yoghurt
Soy Milk, Coffee

焗蛋，扒番茄，蘑菇，乳酪
豆漿及咖啡

Stir-fried Vegetarian BBQ Pork
Vegetables, Steamed Rice

素叉燒
配時菜，白飯

Baked Chickpea, Zucchini
with Tomato Coulis
Steamed Rice

番茄蓉焗意青瓜鷹嘴豆
配白飯

Daily Lunch Served with Seasonal Fruits | 每日午餐配時令水果

Menu items are subject to availability
以上菜式只作參考；如有更改，恕不另行通知

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