



NINA HOTEL

ISLAND SOUTH

南灣如心酒店

LIGHT MEAL BOXES | 健怡之選

	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
MON	Yoghurt, Hotcakes with Jam Maple Syrup and Butter Chilled Juice, Coffee 乳酪，熱香餅配果占，楓糖，牛油 果汁及咖啡	Chicken Slices, Olives Salad 雞肉水欖沙律	Pork Meatballs with Tomato Sauce Vegetables, Pasta 番茄豬肉丸 配時菜，意大利麵
TUE	Chicken Congee Steamed Rice Rolls Soy Milk, Coffee 滑雞粥，腸粉 豆漿及咖啡	Mushroom and Spinach Salad with Ham 蘑菇菠菜火腿沙律	Poached Chicken Breast with Vegetables, Poached Potatoes 慢煮雞胸 伴薯菜
WED	Boiled Eggs, Grilled Tomato Sausages, Croissant Chilled Juice and Coffee 焗蛋，扒番茄，香腸，牛角包 果汁及咖啡	Shrimps Caesar Salad 鮮蝦凱撒沙律	Braised Chicken and Mushroom with Light Cream Sauce Pasta 忌廉蘑菇燴雞 配意大利麵
THUR	Oatmeal, Muffin Chilled Juice, Coffee 燕麥粥，鬆餅 果汁及咖啡	Chicken and Tomato Wrap 雞肉番茄卷	Baked Pumpkin with Baby Corn Cheese Vegetables, Mashed Potatoes 芝士焗南瓜珍珠筍 配時菜，薯蓉
FRI	Scrambled Eggs, Grilled Tomato Ham, Sausage Bun Soy Milk, Coffee 炒蛋，扒番茄，火腿，腸仔包 豆漿及咖啡	Vegetables and Shrimps Fried Rice 鮮蝦蔬菜炒飯	Pesto Chicken Breast Salad 羅勒雞胸沙律
SAT	Corn Flakes Cereal with Low Fat Milk Croissant Chilled Juice, Coffee 粟米片配低脂牛奶 牛角包 果汁及咖啡	Quesadilla with Ham, Lettuce, Tomato 火腿生菜番茄墨西哥餡餅	Curry Chicken Vegetables, Steamed Rice 咖哩雞 配時菜，白飯
SUN	Boiled Eggs, Grilled Tomato Sausages, Yoghurt Soy Milk, Coffee 焗蛋，扒番茄，香腸 乳酪 豆漿及咖啡	Baked Broccoli with Cheese and Shrimps Steamed Rice 鮮蝦伴芝士焗西蘭花配白飯	Forest Mushrooms Risotto 蘑菇意大利飯

Daily Lunch Served with Seasonal Fruits | 每日午餐配時令水果

Menu items are subject to availability
以上菜式只作參考；如有更改，恕不另行通知

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